

Product List September 2018



Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
<i>Soups</i>										
324647	Minestrone Soup	Large	8	•			•	•		
328647	Minestrone Soup	Small	2	•			•	•		
324648	Scotch Broth	Large	8	•			•	•		
328648	Scotch Broth	Small	2	•			•	•		
324649	Pea & Ham Soup	Large	8	•		•				
328649	Pea & Ham Soup	Small	2	•		•				
324652	Carrot & Coriander Soup	Large	8	•		•	•			
328652	Carrot & Coriander Soup	Small	2	•		•	•			
324655	Mushroom Soup	Large	8			•	•			
328655	Mushroom Soup	Small	2			•	•			
324656	Tomato Soup	Large	8			•	•			
328656	Tomato Soup	Small	2			•	•			
324657	Leek & Potato Soup	Large	8				•			
328657	Leek & Potato Soup	Small	2				•			
324659	Red Lentil Broth	Large	8	•		•	•	•		
328659	Red Lentil Broth	Small	2	•		•	•	•		
324660	Vegetable & Herb Soup	Large	8	•		•	•			
328660	Vegetable & Herb Soup	Small	2	•		•	•			
324662	Cream of Chicken Soup	Large	8			•				
328662	Cream of Chicken Soup	Small	2			•				
324671	Tomato, Pepper & Red Lentil Soup	Large	8			•	•	•		
328671	Tomato, Pepper & Red Lentil Soup	Small	2			•	•	•		
324673	Vegetable Soup	Large	8			•	•	•		
328673	Vegetable Soup	Small	2			•	•	•		
324674	Chicken Broth	Large	8	•		•				
328674	Chicken Broth	Small	2	•		•				
324675	Celeriac & Cumin Soup	Large	6 - 8			•	•			
328675	Celeriac & Cumin Soup	Small	2			•	•			

Fortified soups

217143	Pea & Ham Soup	Individual	1	•						
217144	Chicken Soup	Individual	1			•				
217145	Cheesy Leek & Potato Soup	Individual	1				•			
217146	Tomato & Lentil Soup	Individual	1	•	•	•	•			

Beef

324100	Roast Beef in Gravy	Large	8			•				•
328100	Roast Beef in Gravy	Small	2			•				•
324101	Beef Lasagne	Large	8						•	
328101	Beef Lasagne	Small	2						•	
324103	Beef Casserole	Large	8			•				•



Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
328103	Beef Casserole	Small	2			•				•
324105	Chilli Con Carne	Large	8			•				•
328105	Chilli Con Carne	Small	2			•				•
324138	Savoury Minced Beef	Large	8			•				•
328138	Savoury Minced Beef	Small	2			•				•
324114	Cottage Pie	Large	8			•				•
328114	Cottage Pie	Small	2			•				•
324112	Minced Beef Hotpot	Large	6			•				•
328112	Minced Beef Hotpot	Small	2			•				•
324115	Beef Bolognese with Pasta	Large	6							•
328115	Beef Bolognese with Pasta	Small	2							•
324119	Corned Beef Hash	Large	6			•			•	
328119	Corned Beef Hash	Small	2			•			•	
324142	Baked Minced Steak & Potato Pie	Large	8						•	
328142	Baked Minced Steak & Potato Pie	Small	2						•	
324128	Baked Chef's Steak & Kidney Pie	Large	8						•	
328128	Baked Chef's Steak & Kidney Pie	Small	2						•	
324130	Baked Steak & Mushroom Pie	Large	8						•	
328130	Baked Steak & Mushroom Pie	Small	2						•	
324131	Braised Steak & Mushrooms	Large	8			•				•
328107	Braised Steak & Mushrooms with Dumplings	Small	2							•
324133	Steak Pie With Flaky Pastry Top	Large	8						•	
328133	Steak Pie With Flaky Pastry Top	Small	2						•	
324136	Cumberland Pie	Large	8							•
328136	Cumberland Pie	Small	2							•
324140	Beef Stroganoff	Large	8			•			•	
328140	Beef Stroganoff	Small	2			•			•	
324141	Premium Roast Beef in Gravy	Large	8	•		•				•
328141	Premium Roast Beef in Gravy	Small	2	•		•				•
324143	Diced Beef with Paprika & Peppers	Large	8			•				•
328143	Diced Beef with Paprika & Peppers	Small	2			•				•
Pork										
324200	Roast Pork in Gravy	Large	8	•		•				•
328200	Roast Pork in Gravy	Small	2	•		•				•
324201	Sliced Gammon & Pineapple	Large	8			•				•
328201	Sliced Gammon & Pineapple	Small	2			•				•
324202	Ham & Leek Crumble	Large	6						•	
328202	Ham & Leek Crumble	Small	2						•	
324207	Potato Topped Bacon Pie	Large	8			•			•	
328207	Potato Topped Bacon Pie	Small	2			•			•	
324215	Pork in Cider Gravy	Large	6							•
328215	Pork in Cider Gravy	Small	2							•
324225	Pork & Apple Casserole	Large	8			•				•
328225	Pork & Apple Casserole	Small	2			•				•
324217	Quiche Lorraine	Large	8						•	
328217	Quiche Lorraine	Small	2						•	

Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
324218	Pork Loin In Apple & Sage Sauce	Large	6	•		•				
328218	Pork Loin In Apple & Sage Sauce	Small	2	•		•				
324230	Roast Pork with Sage & Apple Stuffing in Gravy	Large	8			•				•
328230	Roast Pork with Sage & Apple Stuffing in Gravy	Small	2			•				•
324231	BBQ Pulled Pork with Peppers	Large	8	•		•				•
328231	BBQ Pulled Pork with Peppers	Small	2	•		•				•
324232	Chinese Pork & Vegetables	Large	8							
328232	Chinese Pork & Vegetables	Small	2							
324113	Vienna Steak in Sauce	Large	6						•	
328113	Vienna Steak in Sauce	Small	2						•	
324600	Sausages in Onion Gravy	Large	6							
328600	Sausages in Onion Gravy	Small	2							
324617	Pork Meatballs in Tomato & Herb Sauce	Large	6							•
328617	Pork Meatballs in Tomato & Herb Sauce	Small	2							•
324616	Sausage Casserole	Large	6						•	
328616	Sausage Casserole	Small	2						•	
324618	Sausage & Bean Crumble	Large	8						•	
328618	Sausage & Bean Crumble	Small	2						•	

Lamb

324300	Roast Lamb in Gravy	Large	8			•				•
328300	Roast Lamb in Gravy	Small	2			•				•
324301	Irish Stew	Large	8							
328301	Irish Stew	Small	2							
324312	Shepherds Pie	Large	8			•				
328312	Shepherds Pie	Small	2			•				
324303	Lancashire Hotpot	Large	8			•				
328303	Lancashire Hotpot	Small	2			•				
324305	Lamb Grill Steaks in Minted Gravy	Large	8							
328305	Lamb Grill Steaks in Minted Gravy	Small	2							
324313	Curried Lamb, Potato & Tomato	Large	8			•			•	
328313	Curried Lamb, Potato & Tomato	Small	2			•			•	
324314	Lamb Casserole	Large	8			•				
328314	Lamb Casserole	Small	2			•				
324319	Lamb & Mint Pie	Large	8						•	
328319	Lamb & Mint Pie	Small	2						•	

Chicken & Turkey

324402	Sliced Turkey in Gravy	Large	8			•				•
328402	Sliced Turkey in Gravy	Small	2			•				•
324409	Chicken & Pasta with Tomato & Herbs	Large	6	•						•
328409	Chicken & Pasta with Tomato & Herbs	Small	2	•						•
324410	Sweet & Sour Chicken	Large	8	•		•				•

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328410	Sweet & Sour Chicken	Small	2	•		•				•
324411	Chicken Chasseur	Large	8	•		•				•
328411	Chicken Chasseur	Small	2	•		•				•
324412	Chicken & Broccoli Bake	Large	8							
328412	Chicken & Broccoli Bake	Small	2							
324423	Chicken Curry	Large	8			•				•
328423	Chicken Curry	Small	2			•				•
324424	Chicken Tikka Masala	Large	8			•				•
328424	Chicken Tikka Masala	Small	2			•				•
324425	Chicken in Black Bean Sauce	Large	8	•						•
328425	Chicken in Black Bean Sauce	Small	2	•						•
324426	Roast Chicken Breasts in Gravy	Large	6	•		•				•
328426	Roast Chicken Breasts in Gravy	Small	2	•		•				•
324429	Chicken & Vegetable Casserole	Large	8	•		•				•
328429	Chicken & Vegetable Casserole	Small	2	•		•				•
324432	Chicken & Vegetable Pie	Large	8						•	
328432	Chicken & Vegetable Pie	Small	2						•	
324433	Chicken, Cheese & Bacon Bake	Large	8			•			•	
328433	Chicken, Cheese & Bacon Bake	Small	2			•			•	
324434	Potato Topped Chicken Pie	Large	8			•			•	
328434	Potato Topped Chicken Pie	Small	2			•			•	
324435	Pasta Carbonara	Large	6						•	
328435	Pasta Carbonara	Small	2						•	
324437	Chicken & Ham Pie with Flaky Pastry Top	Large	8							•
328437	Chicken & Ham Pie with Flaky Pastry Top	Small	2							•
324440	Chicken Goujons	Large	6							
328440	Chicken Goujons	Small	2							
324443	Chicken Breast in Creamy Mushroom Sauce	Large	6			•				•
328443	Chicken Breast in Creamy Mushroom Sauce	Small	2			•				•
324445	Sliced Chicken In Gravy	Large	8	•		•				•
328445	Sliced Chicken In Gravy	Small	2	•		•				•
324446	Creamy Chicken & Mushroom Pasta	Large	6						•	
328446	Creamy Chicken & Mushroom Pasta	Small	2						•	
324447	Chicken Breast in Tomato & Basil Sauce	Large	6	•		•				•
328447	Chicken Breast in Tomato & Basil Sauce	Small	2	•		•				•
324448	Chicken Kiev	Large	6							
328448	Chicken Kiev	Small	2							
324449	Chicken Korma	Large	8			•				
328449	Chicken Korma	Small	2			•				

Other Meat

324610	Faggots in Onion Gravy	Large	6							•
328610	Faggots in Onion Gravy	Small	2							•
324611	Liver & Bacon	Large	8			•				•
328611	Liver & Bacon	Small	2			•				•
324614	Haggis	Large	6							•
328614	Haggis	Small	2							•

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<i>Fish</i>										
324503	Fish Pie	Large	8			•				•
328503	Fish Pie	Small	2			•				•
324504	Salmon & Broccoli Bake	Large	8							•
328504	Salmon & Broccoli Bake	Small	2							•
324505	Breaded Cod	Large	6							•
328505	Breaded Cod	Small	2							•
324506	Fishcakes	Large	8							•
328506	Fishcakes	Small	2							•
324508	Tuna Pasta Bake	Large	6							•
328508	Tuna Pasta Bake	Small	2							•
324513	Salmon Crumble	Large	8						•	
328513	Salmon Crumble	Small	2						•	
324514	Salmon in Provençale Sauce	Large	8			•				•
328514	Salmon in Provençale Sauce	Small	2			•				•
324523	Fish in Cheese Sauce	Large	8			•				•
328523	Fish in Cheese Sauce	Small	2			•				•
324527	Cod in Parsley Sauce	Large	6	•		•				•
328527	Cod in Parsley Sauce	Small	2	•		•				•
324528	Fish Goujons	Large	5							•
328528	Fish Goujons	Small	2							•
324530	Breaded Haddock	Large	4							•
324532	Smoked Haddock & Spinach Crumble	Large	6						•	
328532	Smoked Haddock & Spinach Crumble	Small	2						•	
324533	Battered Haddock	Large	4							•
<i>Vegetarian Dishes</i>										
324701	Cauliflower Cheese	Large	6			•	•			
328701	Cauliflower Cheese	Small	2			•	•			
324702	Vegetable Quiche	Large	8				•			
328902	Vegetable Quiche	Small	3				•			
324703	Vegetable Lasagne	Large	6				•		•	
328703	Vegetable Lasagne	Small	2				•		•	
324704	Vegetable Crumble	Large	6				•		•	
328704	Vegetable Crumble	Small	2				•		•	
324708	Vegetarian Cottage Pie	Large	6			•	•			
328708	Vegetarian Cottage Pie	Small	2			•	•			
324710	Cheese Flan	Large	8				•		•	
328904	Cheese Flan	Small	3				•		•	
324711	Macaroni Cheese	Large	6				•			
328711	Macaroni Cheese	Small	2				•			
324713	Potato, Cheese & Leek Bake	Large	6			•	•		•	
328713	Potato, Cheese & Leek Bake	Small	2			•	•		•	
324715	Cauliflower & Broccoli Pasta	Large	6				•			

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328715	Cauliflower & Broccoli Pasta	Small	2				•			
324719	Tomato, Cheese & Onion Quiche	Large	6				•		•	
328903	Tomato, Cheese & Onion Quiche	Small	3				•		•	
324722	Cheese & Tomato Omelettes	Large	5			•	•			
328722	Cheese & Tomato Omelettes	Small	2			•	•			
324723	Plain Omelettes	Large	6			•	•			
328723	Plain Omelettes	Small	2			•	•			
324726	Pasta, Mushroom & Leek Mornay	Large	6				•			
328726	Pasta, Mushroom & Leek Mornay	Small	2				•			
324730	Cheese & Mushroom Omelettes	Large	5			•	•			
328730	Cheese & Mushroom Omelettes	Small	2			•	•			
324735	Baked Vegetable Pie	Large	8				•		•	
328735	Baked Vegetable Pie	Small	2				•		•	
324737	Broccoli & Herb Quiche	Large	8				•		•	
328901	Broccoli & Herb Quiche	Small	3				•		•	
324741	Penne Pasta in Tomato & Basil Sauce	Large	6	•			•	•		•
328741	Penne Pasta in Tomato & Basil Sauce	Small	2	•			•	•		•
324742	Cheese & Onion Pie	Large	8				•		•	
328742	Cheese & Onion Pie	Small	2				•		•	
324743	Vegetarian Tikka Masala	Large	6			•	•			
328743	Vegetarian Tikka Masala	Small	2			•	•			
324905	Cauliflower, Spinach & Lentil Curry	Large	6	•		•	•	•		•
328905	Cauliflower, Spinach & Lentil Curry	Small	2	•		•	•	•		•
324906	Moroccan Bean Casserole	Large	6	•		•	•	•		•
328906	Moroccan Bean Casserole	Small	2	•		•	•	•		•
324907	Vegetarian Sausage Casserole	Large	6				•			
328907	Vegetarian Sausage Casserole	Small	2				•			
328795	Mushroom, Leek & Pepper Roast	Small	2				•		•	
324911	Bean Chilli	Large	6	•		•	•	•		•
328911	Bean Chilli	Small	2	•		•	•	•		•
324917	Creamy Vegetable Cheese Bake	Large	6			•	•		•	
328917	Creamy Vegetable Cheese Bake	Small	2			•	•		•	
324919	Pasta in Cheese Sauce	Large	6				•			
328919	Pasta in Cheese Sauce	Small	2				•			
324921	Chana Masala	Large	6			•	•	•		•
328921	Chana Masala	Small	2			•	•	•		•
324927	Vegetarian Hotpot	Large	6	•		•	•			•
328927	Vegetarian Hotpot	Small	2	•		•	•			•

Breakfast Dishes

324606	Cooked Bacon & Mushrooms	Large	6			•				
324607	Cooked Sausages	Large	6							
324680	Porridge	Large	8	•	•		•	•		
324681	Creamy Porridge	Large	8		•		•			
324720	Scrambled Egg	Large	8			•	•			
328720	Scrambled Egg	Small	2			•	•			
324928	Hash Browns	Large	6				•	•		

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328928	Hash Browns	Small	2				•	•		

Savoury Pastries

214100	Steak Slice	Large	26							
214101	Chicken & Mushroom Slice	Large	26							
214104	Traditional Pasty	Large	22							
214105	Potato, Cheese & Onion Pasty	Large	36				•			
214106	7" Premium Sausage Roll	Large	48							
214107	Bacon & Cheese Turnover	Large	30							

Accompaniments

255100	Yorkshire Puddings	Large	25				•			
324777	Gravy	Large	10	•		•	•	•		
328777	Gravy	Small	3	•		•	•	•		
328792	Sage & Onion Stuffing	Large	8				•			

Vegetables

324756	Peas	Large	10	•	•	•	•	•		•
328756	Peas	Small	3	•	•	•	•	•		•
324757	Cabbage	Large	10	•	•	•	•	•		•
328757	Cabbage	Small	3	•	•	•	•	•		•
324758	Cauliflower	Large	10	•	•	•	•	•		•
328758	Cauliflower	Small	3	•	•	•	•	•		•
324759	Brussel Sprouts	Large	10	•	•	•	•	•		•
328759	Brussel Sprouts	Small	3	•	•	•	•	•		•
324760	Carrot Tips	Large	10	•	•	•	•	•		•
328760	Carrot Tips	Small	3	•	•	•	•	•		•
324761	Cut Green Beans	Large	10	•	•	•	•	•		•
328761	Cut Green Beans	Small	3	•	•	•	•	•		•
324762	Mixed Vegetables	Large	10	•	•	•	•	•		•
328762	Mixed Vegetables	Small	3	•	•	•	•	•		•
324763	Mushy Peas	Large	10	•		•	•	•		
328763	Mushy Peas	Small	3	•		•	•	•		
324764	Sliced Carrots	Large	10	•	•	•	•	•		•
328764	Sliced Carrots	Small	3	•	•	•	•	•		•
324768	Minted Summer Vegetables	Large	10			•	•	•		
328768	Minted Summer Vegetables	Small	3			•	•	•		
324769	Baked Beans	Large	10	•		•	•	•		
328769	Baked Beans	Small	3	•		•	•	•		
324770	Vegetable Medley	Large	10	•	•	•	•	•		•
328770	Vegetable Medley	Small	3	•	•	•	•	•		•
324771	Mashed Swede	Large	10	•	•	•	•	•		•
328771	Mashed Swede	Small	3	•	•	•	•	•		•
324772	Red Cabbage with Apple & Port	Large	10			•	•			

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328772	Red Cabbage with Apple & Port	Small	3			•	•			
324775	Sweetcorn	Large	10	•	•	•	•	•		•
328775	Sweetcorn	Small	3	•	•	•	•	•		•
324791	Mashed Root Vegetables	Large	10	•	•	•	•	•		•
328791	Mashed Root Vegetables	Small	3	•	•	•	•	•		•
324912	Leeks in Cheese Sauce	Large	8			•	•			
328912	Leeks in Cheese Sauce	Small	2			•	•			
324920	Large Broccoli Florets	Large	6	•	•	•	•	•		•

Potatoes & Rice

324745	Saute Potatoes	Large	8		•	•	•	•		
328745	Saute Potatoes	Small	2		•	•	•	•		
324746	West Country Cheddar Mash	Large	10			•	•			
328746	West Country Cheddar Mash	Small	4			•	•			
324751	Roast Potatoes	Large	10	•	•	•	•	•		
328751	Roast Potatoes	Small	2	•	•	•	•	•		
324752	Boiled Potatoes	Large	10	•	•	•	•	•		
328752	Boiled Potatoes	Small	2	•	•	•	•	•		
324753	Oven Chips	Large	8		•	•	•	•		
324754	Croquette Potatoes	Large	8			•	•	•		
328754	Croquette Potatoes	Small	2			•	•	•		
324765	White Rice	Large	8	•	•	•	•	•		•
328765	White Rice	Small	2	•	•	•	•	•		•
324767	Mustard Mash	Large	8	•		•	•			
328767	Mustard Mash	Small	2	•		•	•			
255101	Whole Jacket Potatoes	Large	10			•	•	•		•
324779	Vegetable Rice	Large	10			•	•	•		
328779	Vegetable Rice	Small	2			•	•	•		
324780	Traditional Roast Potatoes	Large	8	•	•	•	•	•		
328780	Traditional Roast Potatoes	Small	2	•	•	•	•	•		
324787	Mashed Potato	Large	10			•	•	•		
328787	Mashed Potato	Small	3			•	•	•		
324789	Potato Wedges	Large	8			•	•	•		
328789	Potato Wedges	Small	2			•	•	•		
324796	Minted Boiled Potatoes	Large	8			•	•	•		
328796	Minted Boiled Potatoes	Small	2			•	•	•		
324909	Colcannon Mash	Large	10	•		•	•	•		
328909	Colcannon Mash	Small	3	•		•	•	•		
324970	Baby Potatoes	Large	6	•	•	•	•	•		
328970	Baby Potatoes	Small	2	•	•	•	•	•		
324913	Dauphinoise Potatoes	Large	8			•	•			
328913	Dauphinoise Potatoes	Small	2			•	•			
324916	Basmati Yellow Rice	Large	8	•	•	•	•	•		
328916	Basmati Yellow Rice	Small	2	•	•	•	•	•		

Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
<i>Hot Desserts</i>										
324800	Bread & Butter Pudding	Large	8		•		•		•	
328800	Bread & Butter Pudding	Small	3		•		•		•	
324801	Apple Crumble	Large	8		•		•	•	•	
328801	Apple Crumble	Small	3		•		•	•	•	
324805	Apple Sponge	Large	8				•		•	
328805	Apple Sponge	Small	3				•		•	
324806	Chocolate Chip Sponge	Large	8				•		•	
328806	Chocolate Chip Sponge	Small	3				•		•	
324808	Mixed Fruit Pie	Large	8		•		•	•	•	
328808	Mixed Fruit Pie	Small	3		•		•	•	•	
324811	Syrup Sponge	Large	8				•		•	
328811	Syrup Sponge	Small	3				•		•	
324812	Lemon Sponge	Large	8				•		•	
328812	Lemon Sponge	Small	3				•		•	
324813	Rhubarb Crumble	Large	8		•		•	•	•	
328813	Rhubarb Crumble	Small	3		•		•	•	•	
324816	Spotted Dick	Large	8				•		•	
328816	Spotted Dick	Small	3				•		•	
324817	Jamaican Ginger Pudding with Orange Sauce	Large	8				•		•	
328817	Jamaican Ginger Pudding with Orange Sauce	Small	2				•		•	
324818	Jam Sponge	Large	8				•		•	
328818	Jam Sponge	Small	3				•		•	
324823	Bakewell Tart	Large	8		•		•		•	
328823	Bakewell Tart	Small	3		•		•		•	
324824	Chef's Rice Pudding	Large	8		•	•	•			
328824	Chef's Rice Pudding	Small	3		•	•	•			
324825	Rice Pudding with Nutmeg	Large	8		•	•	•			
328825	Rice Pudding with Nutmeg	Small	3		•	•	•			
324826	Tapioca Pudding	Large	8	•	•	•	•			•
328826	Tapioca Pudding	Small	3	•	•	•	•			•
324827	Summer Fruit Crumble	Large	8		•		•	•	•	
328827	Summer Fruit Crumble	Small	3		•		•	•	•	
324831	Apricot Crumble	Large	8		•		•	•	•	
328831	Apricot Crumble	Small	3		•		•	•	•	
324833	Semolina Pudding	Large	8	•	•		•			
328833	Semolina Pudding	Small	3	•	•		•			
324835	Raspberry Pudding	Large	8				•		•	
328835	Raspberry Pudding	Small	3				•		•	
324839	Clotted Cream Rice Pudding	Large	8		•	•	•		•	
328839	Clotted Cream Rice Pudding	Small	3		•	•	•		•	
324840	Sticky Toffee Pudding	Large	8				•		•	
328840	Sticky Toffee Pudding	Small	3				•		•	
324842	Somerset Apple Cake	Large	8				•		•	
328842	Somerset Apple Cake	Small	3				•		•	
324844	Plum & Cherry Pie	Large	8		•		•	•	•	
328844	Plum & Cherry Pie	Small	3		•		•	•	•	

Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
324851	Pineapple Sponge	Large	8		•		•		•	
328851	Pineapple Sponge	Small	3		•		•		•	
324859	Apple Pie	Large	8		•		•	•	•	
328859	Apple Pie	Small	3		•		•	•	•	
324861	Cooked Apricots	Large	8	•	•	•	•	•		
324862	Cooked Summer Fruits	Large	8	•	•	•	•	•		
324863	Stewed Apple	Large	8	•	•	•	•	•		
324864	Chocolate Chip Pudding with Salted Caramel Sauce	Large	8				•		•	
328864	Chocolate Chip Pudding with Salted Caramel Sauce	Small	2				•		•	
324870	Custard	Large	8			•	•			
328870	Custard	Small	3			•	•			
324873	Low Sugar Custard	Large	8		•	•	•			
328873	Low Sugar Custard	Small	3		•	•	•			
324885	Apple & Blackberry Cobbler	Large	8				•			
328885	Apple & Blackberry Cobbler	Small	2				•			
<i>Cold Desserts</i>										
292106	Vanilla Flavoured Ice Cream	Individual	60		•	•	•			
292107	Chocolate Ice Cream	Individual	60		•	•	•			•
292108	Strawberry Flavoured Ice Cream	Individual	60		•	•	•			
292115	Mini Nordica	Individual	24		•	•	•			
292120	Strawberry Sundae	Individual	15		•	•	•			
292121	Caramel Sundae	Individual	15		•	•	•			
292122	Blackcurrant Cheesecake	Individual	24				•			
292123	Coffee Dessert	Individual	27		•	•	•			
292124	Chocolate Mousse	Individual	18		•	•	•			
292125	Strawberry Mousse	Individual	18		•	•	•			
292126	Strawberry Cheesecake	Individual	24				•			
292127	Raspberry Dessert	Individual	27		•	•	•			
292128	Apricot & Peach Dessert	Individual	27		•	•	•			
292399	Chocolate Eclairs	Individual	45		•		•			
292419	Fruit Cocktail	Individual	24	•	•	•	•	•		
292148	Strawberry Trifle	Individual	16		•		•			
292149	Raspberry Trifle	Individual	16		•		•			
<i>Cakes</i>										
293006	Lemon Drizzle Cake	Individual	1				•		•	
293009	Ginger Drizzle Cake	Individual	1				•			
293010	Chocolate Cake	Individual	1				•			
293012	Large Lemon Drizzle Cake	Large	3				•			
293013	Large Madeira Cake	Large	3				•			
293014	Large Golden Syrup Cake	Large	3				•			
293015	Large Country Cake	Large	3				•			

Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
293027	Large Ginger Drizzle Cake	Large	3				•			
293030	Large Cherry & Almond Cake	Large	3				•			
293029	Large Coffee Cake	Large	3				•			
<i>Individual Meals</i>										
294132	Salmon Crumble		1						•	
294168	Chicken Korma		1						•	
294551	West Country Cheddar Macaroni Cheese		1				•		•	
296694	Vegetarian Cottage Pie		1	•	•		•			
298116	Chilli con Carne		1	•		•				
298121	Sweet & Sour Chicken		1	•		•				
298123	Provencale Vegetable Bake		1	•	•	•	•	•		
298138	Chicken & Vegetable Casserole		1	•		•				
298146	Cheesy Vegetable Bake		1			•	•			
298201	Beef with Roast Potatoes		1	•						
298208	Cottage Pie		1			•				
298235	Bangers & Mash		1							
298239	Lamb & Vegetable Casserole		1			•				
<i>Individual Gluten Free Meals</i>										
294115	Cheese, Onion, Leek & Potato Bake	Individual	1		•	•	•			
294135	Bacon, Chips & Beans	Individual	1			•				
294502	Braised Beef In Rich Sauce	Individual	1			•				
294512	Steak in Red Wine & Mushroom Sauce	Individual	1		•	•				
294518	Roast Pork in Apple Gravy	Individual	1	•	•	•				
294520	Gammon with Pineapple	Individual	1	•		•				
294533	Roast Lamb in Mint Gravy	Individual	1			•				
294535	Honey & Apricot Lamb	Individual	1		•	•				
294546	Chicken Supreme	Individual	1			•				
294568	Cod Fillet with Mornay Sauce	Individual	1	•	•	•				
294588	Cauliflower Cheese & Broccoli Bake	Individual	1			•	•			
294660	Cod in Lemon Sauce	Individual	1			•				
297355	Pork in Gravy	Individual	1			•				
298106	Cheesy Vegetable Bake	Individual	1			•	•			
298111	Corned Beef Hotpot	Individual	1			•				
298138	Chicken & Vegetable Casserole	Individual	1	•		•				
298139	Chicken Breast in Cheese & Bacon Sauce	Individual	1			•				
298203	Corned Beef Hash	Individual	1			•				
298207	Beef Hotpot	Individual	1			•				
298208	Cottage Pie	Individual	1			•				
298209	Savoury Minced Beef	Individual	1			•				
298214	Steak & Mushroom Casserole	Individual	1		•	•				
298231	Pork, Leek & Mustard Casserole	Individual	1			•				
298237	Lamb in Gravy	Individual	1	•		•				
298239	Lamb & Vegetable Casserole	Individual	1			•				

Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
298240	Lancashire Hotpot	Individual	1			•				
298245	Shepherds Pie	Individual	1			•				
298256	Chicken in Gravy	Individual	1			•				
298257	Chicken Breast	Individual	1	•	•	•				
298263	Honey Mustard Chicken	Individual	1			•				
298264	Chicken Curry with Rice	Individual	1	•		•				
298318	Salmon & Broccoli Supreme	Individual	1		•	•				
298324	Liver & Bacon Casserole	Individual	1			•				
298343	Omelette, Chips & Beans	Individual	1			•	•			
217746	Gluten Free Mixer Pack Beef hotpot x2 Cottage Pie x2 Lamb & Vegetable Casserole x2 Chicken in Gravy x2 Pork in Gravy x2 Pork, Leek and Mustard Casserole x2	12 Individual Meals	12							
<i>Individual Gluten Free Desserts</i>										
292106	Vanilla Ice Cream	Individual	60		•	•	•			
292107	Chocolate Ice Cream	Individual	60		•	•	•			•
292108	Strawberry Flavoured Ice Cream	Individual	60		•	•	•			
292419	Fruit Cocktail	Individual	24	•	•	•	•	•		
292456	Clotted Cream Ice Cream	Individual	12		•	•	•			
293702	Lemon Sponge	Individual	20			•	•		•	
293830	Rice Pudding	Individual	24		•	•	•			
293842	West Country Clotted Cream Rice Pudding	Individual	24		•	•	•		•	
<i>Individual Low Fat Meals</i>										
294131	Chicken & Bacon in Barbecue Sauce	Individual	1	•						
294177	Sweet & Sour Chicken with Noodles	Individual	1	•	•				•	
294506	Roast Beef & Yorkshire Pudding	Individual	1	•						
294518	Roast Pork in Apple Gravy	Individual	1	•	•	•				
294520	Gammon with Pineapple	Individual	1	•		•				
294549	Roast Chicken Breast with Stuffing	Individual	1	•						
294565	Cod in Parsley Sauce	Individual	1	•	•	•				
296690	Butternut Squash & Butterbean Stew	Individual	1	•	•	•	•	•		
298138	Chicken & Vegetable Casserole	Individual	1	•		•				
298201	Beef with Roast Potatoes	Individual	1	•						
298237	Lamb in Gravy	Individual	1	•		•				
298257	Chicken Breast	Individual	1	•	•	•				
298264	Chicken Curry with Rice	Individual	1	•		•				
298273	Turkey with Stuffing	Individual	1	•						
<i>Low & Reduced Sugar Individual Hot Desserts</i>										

Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
293200	Stewed Apple & Rice	Individual	24	•	•	•	•			
293201	Summer Fruits & Custard	Individual	24	•	•	•	•			
293900	Apple Pie & Custard	Individual	24		•		•			
293906	Blackcurrent Pie & Custard	Individual	24		•		•			
293911	Apple Crumble & Custard	Individual	24		•		•		•	
293912	Rhubarb Crumble & Custard	Individual	24		•		•		•	
293913	Apple & Blackberry Crumble with Custard	Individual	24		•		•		•	
293924	Golden Syrup Sponge & Custard	Individual	24		•		•			
293925	Lemon Sponge & Custard	Individual	24		•		•			
293926	Sultana Sponge & Custard	Individual	24		•		•			
293928	Jam Roly Poly & Custard	Individual	24				•			
<i>Allergen Free Individual Meals</i>										
297305	Allergen-free Steak & Mushroom Casserole	Individual	1	•	•	•				
297355	Allergen-free Pork in Gravy	Individual	1	•		•				
298114	Allergen-free Roast Beef in Gravy	Individual	1	•		•				
298116	Allergen-free Chilli Con Carne	Individual	1	•		•				
298118	Allergen-free Paprika Pork	Individual	1	•	•	•				
298119	Allergen-free Roast Chicken in Gravy	Individual	1	•	•	•				
298120	Allergen-free Chicken, Bacon & Thyme Hotpot	Individual	1		•	•				
298121	Allergen-free Sweet & Sour Chicken	Individual	1	•		•				
298122	Allergen-free Lamb Tagine	Individual	1			•				
298123	Allergen-free Provençale Vegetable Bake	Individual	1	•	•	•	•	•		
298124	Allergen-free Butternut Squash & Red Lentil Curry	Individual	1	•	•	•	•	•		
298125	Allergen-free Spicy Bean Casserole	Individual	1	•	•	•	•	•		
298126	Allergen-free Roast Lamb in Minty Gravy	Individual	1			•				
<i>Mini Meals Extra</i>										
291579	Chicken Biryani Mini Meal Extra	Individual	1		•				•	
291580	Fish Hotpot Mini Meal Extra	Individual	1		•	•			•	
291583	Salmon Bake Mini Meal Extra	Individual	1			•			•	
291584	Pasta Carbonara Mini Meal Extra	Individual	1						•	
291585	Turkey Hotpot Mini Meal Extra	Individual	1			•			•	
291587	Ham & Leek Bake Mini Meal Extra	Individual	1			•			•	
291589	Corned Beef Hash Mini Meal Extra	Individual	1			•			•	
291590	Lamb & Potato Curry Mini Meal Extra	Individual	1			•			•	
291592	Beef Stroganoff Mini Meal Extra	Individual	1		•	•			•	
291596	Macaroni Cheese Mini Meal Extra	Individual	1				•		•	
291597	Cheese & Potato Bake Mini Meal Extra	Individual	1			•	•		•	
<i>Kosher Meals</i>										
256101	Roast Chicken in Gravy	Individual	1	•						

Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
256102	Chicken Schnitzel	Individual	1						•	
256103	Sliced Beef in Gravy	Individual	1		•				•	
256104	Beef Goulash	Individual	1						•	
256105	Sliced Lamb Meal	Individual	1						•	
256106	Shepherds Pie	Individual	1							
256108	Fried Haddock	Individual	1							
256109	Fried Cod	Individual	1							
256110	Grilled Plaice	Individual	1	•	•					
256113	Tomato Omlette	Individual	1				•			
256114	Spagetti Neopolitan	Individual	1	•	•		•			
256130	Spagetti Bolognaise	Individual	1						•	
256190	Kosher Meal Mixer Pack	Contains one of each of the above meals								
Kosher Desserts										
256212	Orange Caramel	Individual	1	•	•	•	•			
256214	Apple Strudel	Individual	1		•		•			
256218	Florida Fruit Cocktail	Individual	1	•	•	•	•	•		
256219	Peaches & Pears	Individual	1	•	•	•	•	•		
256220	Honey Cake	Individual	1		•		•		•	
256221	Lemon Cake	Individual	1		•		•			
256290	Kosher Dessert Mixer Pack Orange Caramel Dessert x3 Apple Strudel x 3 Florida Fruit Cocktail x2 Honey Cake x3 Lemon Cake x3									
Caribbean & West Indian Meals										
256301	Spicy Fried Chicken, Rice & Red Kidney Beans	Individual	1						•	
256302	Chicken Curry & White Rice	Individual	1						•	
256303	Brown Stew Chicken, Rice & Red Kidney Beans	Individual	1							
256304	Brown Stew Lamb, Rice & Red Kidney Beans	Individual	1		•				•	
256305	Mutton Curry & White Rice	Individual	1						•	
256306	Jerk Chicken & Rice	Individual	1						•	
256307	Ackees & Saltfish & White Rice	Individual	1			•			•	
256308	Callaloo & Saltfish & White Rice	Individual	1		•	•				
256309	Fried Hake Fish & White Rice	Individual	1						•	
256310	Steamed Coley Fish & White Rice	Individual	1	•		•				
256311	Ackees & Saltfish , Yam & Sweet Potato	Individual	1			•			•	
256312	Callaloo & Saltfish, Yam & Sweet Potato	Individual	1	•		•			•	
256314	Brown Stew Beef, Yam, Banana & Sweet Potato	Individual	1	•						

Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
256315	Fried Red Snapper Fish, Yam & Sweet Potato	Individual	1							
	Caribbean & West Indian Mixer Pack	Contains one of each of the above meals								
Asian Halal Meals										
256601	Masala Gosht & Mixed Dal with Basmati Rice	Individual	1	•		•				
256602	Chicken Dal & Kadai Vegetables with Saag Pulao	Individual	1	•		•				
256603	Dal Gosht & Corn Peas Methi with Jeera Rice	Individual	1	•		•				
256604	Chicken Saag & Rajasthani Dal with Saffron Rice	Individual	1	•		•				
256605	Keema Matar & Saag Pulao Rice	Individual	1			•				
256606	Chicken Tikka Masala & Rajasthani Dal with Saffron Rice	Individual	1	•		•				
256607	Coconut Fish & Saag Chhole with Pulao Rice	Individual	1	•		•				
256608	Chicken Perpper & Whole Moong Dal with Saffron Rice	Individual	1	•		•				
256609	Alu Gosht & Rajasthani Dal with Jeera Rice	Individual	1	•		•				
256610	Keema Chana & Aubergine Potato with Pulao Rice	Individual	1			•				
256611	Murgh Masala & Alu Gobi with Jeera Rice	Individual	1	•		•				
256612	Saag Gosht & Chana Dal with Basmati Rice	Individual	1			•				
256613	Chicken Coconut & Mixed Dal with Basmati Rice	Individual	1			•				
256614	Fish Curry & Split Masoor Dal with Saag Pulao	Individual	1	•		•				
256615	Mutton with Red Kidney Beans & Alu Matar with Basmati Rice	Individual	1			•				
256616	Chicken with Green Beans & Rajasthani Dal with Saffron Rice	Individual	1	•		•				
256617	Gobi Gosht & Masala Chhole with Pulao Rice	Individual	1	•		•				
256618	Minced Mutton Cabbage & Split Masoor with Saag Pulao	Individual	1			•				
256619	Karai Gosht & Teen Dal with Jeera Rice	Individual	1	•		•				
256620	Keema Alu & Whole Moong Dal with Jeera Rice	Individual	1			•				
256621	Chicken with Chhole & Aubergine Potato with Pulao Rice	Individual	1	•		•				
Asian Halal Vegetarian Meals										

Product Code	Product Name	Pack Size	Portions	Low Fat	Low Salt	Gluten Free	Vegetarian	Vegan	Energy Dense	Healthier Choice
256622	Alu Brinjal Peas & Chana Dal with Plain Basmati Rice	Individual	1	•		•	•	•		
256623	Alu Gobi & Rajasthani Dal with Saffron Rice	Individual	1	•		•	•	•		
256624	Cabbage Peas & Rajasthani Dal with Saffron Rice	Individual	1	•		•	•	•		
256625	Methi Paneer & Mixed Dal with Plain Basmati Rice	Individual	1			•	•			
256626	Saag Alu & Split Masoor Dal with Saag Pulao	Individual	1	•		•	•	•		
256627	Corn Peas, Potato & Chana Dal with Basmati Rice	Individual	1	•		•	•	•		
256628	Mixed Capsicum Potato & Whole Moong Dal with Jeera Rice	Individual	1	•		•	•	•		
256629	Alu Matar & Chana Dal with Basmati Rice	Individual	1	•		•	•	•		
256630	Alu Sem & Mixed Dal with Plain Basmati Rice	Individual	1	•		•	•	•		
256631	Kadai Vegetables & Kala Chana with Saag Pulao	Individual	1	•		•	•			
256632	Aubergine Kala Chana & Teen Dal with Jeera Rice	Individual	1	•		•	•	•		
256633	Cabbage Potato & Chhole Spinach with Pulao Rice	Individual	1	•		•	•	•		
256634	Gobi Brinjal Kala Chana & Split Masoor Dal with Saag Pulao	Individual	1	•		•	•	•		
256635	Corn, Peas, Methi & Rajasthani Dal with Safford Rice	Individual	1	•		•	•			
256636	Alu Gobi & Kadhi with Khichadi	Individual	1			•	•			
256637	Aubergine Peas & Toor Dal with Basmati Rice	Individual	1	•		•	•	•		
256638	Tindoora & Whole Moong Dal with Basmati Rice	Individual	1	•		•	•	•		
256639	Dudhi Chana & Kadhi with Khichadi	Individual	1	•		•	•			
256640	Cauliflower Peas & Toor Dal with Basmati Rice	Individual	1	•		•	•	•		
256641	Turia & Whole Moong Dal with Basmati Rice	Individual	1	•		•	•	•		
256642	Aubergine Potato & Kadhi with Khichadi	Individual	1			•	•			